Meadowbrook

StrongStart BC

Hi to all my StrongStart families 🙂 I miss you deeply and I hope that you are taking good care of each other. I am looking forward to staying connected through this newsletter. You can also email me at <u>ljang@sd43.bc.ca</u>. With love and hugs, Miss Linda



Activity:

Go on a color scavenger hunt in your house. Can you find an object of each color from Dog's Colorful Day? Can you find an object of each color outside?

Click on the link to see Miss Linda read a story:

Dog's Colorful Day



Activity:

Fill up the sink or some kind of tub, with water. Choose 10 objects that can go in water. Before you put one of the objects in the water, take a guess (predict) if the object will sink or float. You can make a chart to show which objects floated and which objects sunk.

Parent/Community Resources:

Sal and the library bus are back! For more information:

https://www.coqlibrary.ca/librarylink

Self care ideas for Mom's:

http://www.mothersmattercentre.ca/wp-content/Mommy's%2015%20Minutes%20Week%201.pdf